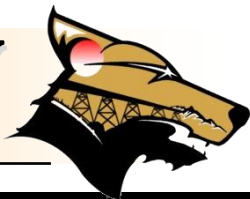


THE CHINOOK DAILY



September 21, 2022

- **Teams Tuesday**
- **Wolf Shirt Wed**
- **Pancake Breakfast Thursday 7:30**
- **Game Day Friday & Pep Rally**

University of Lethbridge Booth will be in the Learning Commons over Flex on Tuesday September 27, 2022. Come check it out and get all your questions answered about Post-Secondary. Learn about scholarships available, application deadlines, student for a day and much more.



DID YOU ... Move over the summer? Get a new phone number?

To help keep our records up to date, we ask parents of any student who has had a change of address or phone number since June please e-mail the change to the office at chs@lethsd.ab.ca.

If you have severe allergies and/or carry an epipen, see Jill in the office as soon as possible.

Anyone who needs a different size school t-shirt please let Bruce know at: bruce.Carbert@lethsd.ab.ca

Interact Meeting - Wednesdays, Flex 1 in Room 219 New day and time! New room!



GRADE 9 X-COUNTRY TRY-OUTS

Any grade 9 student who is currently NOT in PE this semester and is interested in trying out for X-Country, must see Tammy in the PE offices to set up a test time. Students who are in PE will be tested for X-Country in class but those who are not in PE will need to set up a time to do so. The top ten times will make the grade 9 X-Country team.

1st Grad Committee meeting, Wednesday Sept 28th Flex 1 in Chantel's room

- For anyone interested in being on grad committee this year, please come and attend our very first grad meeting!
- This meeting will be to inform everyone about our grad gala this year and to start planning for upcoming hoodies, decorations, grad song etc.



Athletics this week:

- JV/SV Girls Volleyball vs. St. Mary's - Monday
- JV/SV Boys Volleyball @ ICHS- Tuesday
- GR9 Volleyball vs. LCI - Wednesday
- JV/SV Boys Volleyball @ KAHS -Wednesday
- JV/SV Girls Volleyball @ Cardston - Wednesday
- CCH @ CHS Football - Friday
- JV Coyote Classic Playoffs - Saturday



CAREER SERVICES

Loran Scholars Foundation - Fondation Boursiers Loran

In partnership with universities, donors and volunteers across the country, we're investing in the future of Canada. We offer the country's largest and most comprehensive four-year undergraduate award (valued at \$100,000) to young Canadians on the basis of character, service and the promise of leadership. **Deadline to Apply is October 12, 2022**

Lethbridge College Open House: October 5, 2022

Join us at Fall Open House on Wednesday, October 5 -10 a.m. to 2 pm. Explore over 60 academic programs and meet expert instructors. Learn about our support services that will help you be a successful student. Register in advance to win one of three \$500 tuition credit. For more information please check out: [Open House - Fall 2022 | BE READY](#) (lethbridgecollege.ca)

University of Lethbridge Open House Saturday October 29, 2022.

For more information please check out [fall open house | University of Lethbridge](#) (ulethbridge.ca)

Virtual Career Exploration Sessions open for registration:

- Oct 4, 4:00pm - Financial Security Advisor - Register [HERE](#)
- Oct 6, 4:30pm - Therapist/Counsellor - Register [HERE](#)
- Additional sessions and registration links can be found on our website: careersteps.ca/exploration-sessions recordings from past sessions are also available [here](#)

SW Alberta Career Transitions Post-Secondary Fair October 12, 6:00-8:30pm Winston Churchill High School

- Transitioning to Post-Secondary - 5:00 & 6:30
- Finance and Scholarships - 5:45 & 7:15

CAREER EXPLORATION SESSION

FINANCIAL SECURITY ADVISOR

OCTOBER 4, 2022
4:00pm

A Financial Security Advisor meets with clients to listen and learn about their client's financial goals. They help guide clients to build wealth over time, in the most tax-effective way possible. Advisors also help clients protect their wealth with various types of insurance.

Learn more with Gina, as she shares how a Financial Security Advisor often has the opportunity to create long-lasting relationships with clients as their needs change over time.

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca

CAREER EXPLORATION SESSION

THERAPIST & COUNSELLOR

OCTOBER 6, 2022
4:30pm

Therapy is a form of counselling where psychosocial interventions are used to address or treat mental and emotional concerns.

Counselling is a collaborative process between counsellor and client to meet goals, address problems, and foster personal growth. By helping clients with mental health issues, communication and relationship skills, it can resolve traumatic experiences, and improve quality of life.

Join Amy and Heather to find out more!

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca

CAREER TRANSITIONS

POST-SECONDARY FAIR

Wednesday, October 12, 2022
6:00-8:30pm
Winston Churchill High School (1605 15 Ave N, Lethbridge)

Students, parents, teachers – Come and talk with representatives from local, provincial and out of province institutions at this fair. Registered institutions can be found at <https://www.careersteps.ca/post-secondary-fair/>

PRESENTATIONS

5:00 – Transitioning to Post-Secondary
5:45 – Finance and Scholarships
6:30 – Transitioning to Post-Secondary
7:15 – Finance and Scholarships

Transitioning to Post-Secondary
The transition from high school to Post-Secondary can be daunting. Learn what to expect, plus tips and tricks to navigate the switch.

Finance and Scholarship Presentations
Learn how to finance your post-secondary education. Student finance representatives from University of Lethbridge and Lethbridge College will be on hand to answer specific questions.

Questions? Call 403-328-3996 or email office@careersteps.ca

LEARNING ONLINE WITH SUPPORT TECHNOLOGY

> INTRO TO TRADES
DUAL CREDIT PATHWAY

GET A HEAD START ON YOUR TRADES CAREER WITH THIS DUAL CREDIT PATHWAY

LEARN MORE AT OUR FREE INFO SESSION:

SEPT 28, 2022
6:30 TO 8:30 PM
AT LETHBRIDGE COLLEGE

lethbridgecollege.ca/dual-credit

Lethbridge College

BE READY.

Big Brothers Big Sisters

TEEN MENTORING

- Matched with a Little from a school near you
- Looks great on a resume
- \$2,500 scholarship opportunity
- 10 Sessions from October-December

Contact Sara Roncin at 403.328.9355 or sara.roncin@bigbrothersbigsisters.ca

Teen Mentoring matches a volunteer with a child in Grades 1-6. The volunteers are under the age of 18 and attend a corresponding High School (Chinook). The volunteer Mentor and the student meet in the child's school for 1 to 1.5 hours a week, for 10 sessions from October to December. Where: **Dr. Probe Elementary School**

When: **Oct 5th going until Dec. 7th from 3:20 - 4:30 p.m.** Contact person: Amanda McMahon (amanda.mcmahon@lethsd.ab.ca) in Student Support Centre and Sara Roncin at Big Brothers/Big Sisters 403.328.9355 or sara.roncin@bigbrothersbigsisters.ca

**Any students who participated in summer work experience, your hours are DUE.
Please bring in your paystubs.**