

THE CHINOOK DAILY



January 10, 2023

Virtual rapid access counselling resource is available for free aimed at supporting caregivers with kiddos 18 and under living in their home or youth under 18 themselves with guardian consent. It is a single session model but is "repeatable."

<https://www.racalberta.ca/>

Tuesday Clubs

- Chinook Christian Fellowship – Flex, 223
- Drink Tea and Make stuff or Whatever – Flex, 1 210
- Math Club – Flex, 110
- QSA – Flex Drama Room
- Table Top Games – Flex, 214
- Yearbook Flex 1 – Lab 126



ROCK THE DIPLOMA

2022-23 School Year

STUDY SMARTER FOR YOUR DIPLOMA EXAMS

Build Your Exam-Writing Confidence • Maintain or RAISE your marks



The Review Materials You Need

Expertly developed study guides and practice exams (with solutions), laser-focused on the curriculum containing all you need to know.



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RTD has class Locations in Calgary, Edmonton, Lacombe, and Red Deer including SAIT Polytechnic and MacEwan University

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Taking Math 30-1 Next Semester?

We've designed a study guide with e-learning to support you throughout. Separate from diploma prep.



Register Online or Call: 780-328-0955 or 403-774-7431 or 1-888-665-8803
www.rockthediploma.com

CHINOOK FINE AND PERFORMING ARTS PRESENTS

ROCKING THROUGH THE AGES #3

1970'S MUSICAL VARIETY SHOW

JANUARY 17TH AND 18TH
7 P.M. NIGHTLY
MATINEE - NOON JANUARY 16TH AND 17TH

Tickets - \$5 on Chinook School
Cash online
\$10 At The Door



At the Chinook Media Centre

LETHBRIDGE PHOTOGRAPHY CLUB

Digital & Phone Camera Workshop

Did you get a new camera or phone for Christmas? Do you want to learn more about the equipment you already have? Bring your camera and learn from our experts!



FREE ADMISSION
Saturday, January 14, 2023
11 - 4 pm

CASA Community Room
230 - 8th St. S. Lethbridge
EVERYONE WELCOME

For more information:
contact@lethbridgephotoclub.org

Athletics This Week:

4AB - CHS @ LCI - Tuesday
9BB CHS @ ICHS - Wednesday
4AB CARD @ CHS Wednesday
JVB/G BB @ Hunting Hills - Friday & Saturday
9 BB B/G @ Cardston - Saturday



Don't miss out -
Order your
yearbook on
SchoolCash Online
now - \$40.00

Deadline February 1





Schulich Leader Scholarship

Check out the link for all the information and eligibility requirements. Each High school can nominate one nominee. The Schulich Scholarship is for those students interested in (STEM) Science, Technology, Engineering and Math, and Entrepreneurship and Business. This Scholarship is NOT for students pursuing medicine, dentistry, pharmacy, or optometry. If you are interested in being nominated, please see or teams **Amanda McMahon in the student support centre**. **The High-School Nomination Deadline is January 31, 2023. Please click on the link below for more details:** [Schulich Leader Scholarships](#)

Kin-Canada Bursaries

Kin Canada Bursaries is a program of the Hal Rogers Endowment Fund. \$1,000 bursaries are awarded to Canadian students from coast-to-coast who are pursuing post-secondary education. Eligibility:

- Must be a Canadian citizen or permanent resident.
- Must be a full-time student in the process of graduating from high school or currently studying or registered at a post-secondary institution.
- Must complete the current application form by February 1. Bursary winners are notified before June 30 by their sponsoring club.
- Must not have previously been awarded a Kin Canada Bursary.
- Will be evaluated on their community and school involvement, knowledge of Kin Canada and financial need.

Application Process

- The bursary application **deadline date is February 1** of each year. The selection process is as follows:
 - Each club reviews all submitted application forms and selects one to be endorsed and forwarded to the Board of Trustees for review on or before March 1.
 - The Board selects several applicants to receive a bursary of **\$1,000** each, based on that year's contributions to the Hal Rogers Endowment Fund.
- For more information please see the link below.

[Bursaries - Kin Canada](#)

LETHBRIDGE COLLEGE OPEN HOUSE

Join us at Winter Open House 10 a.m. to 1 p.m. Saturday, Feb. 11

Explore over 60 academic programs and meet your expert instructors.

Learn about our support services that will help you be a successful student.

Register in advance to win one of three amazing prizes, including a \$500 tuition credit.

Virtual Career Exploration Sessions open for registration (posters attached):

Virtual Career Exploration Sessions open for registration (posters coming in the new year):

- February 7 - 4:30 - [Realtor](#)
- February 8 - 5:00 - [General Practitioner Oncologist](#)
- February 9 - 4:00 - [Speech-Language Pathologist](#)
- Additional sessions and registration links for sessions in March and beyond can be found on our website: careersteps.ca/exploration-sessions
- 43 recordings from past sessions are also available [here](#)

Recordings with more information for students moving onto Post-Secondary is also available:

- [Transition to Post-Secondary](#) - this recording helps students better understand the differences between high school and post-secondary, including tips and tricks on how to make the transition successfully.
- [Student Finance, Scholarships and Student Aid](#) - this recording provides information on various ways to fund post-secondary education. Scholarships, grants, loans and more are discussed.

Learn to Cope with Stress
Y Mind

Everyone experiences worries and stress. Y Mind is here to help young people learn how to cope with stress so they can live their best lives.

Information Session: Saturday January 21 from 2:00 pm - 3:30 pm in MPR 4

Program Dates: January 28 - March 18 with no session February 25
Saturday's from 1:30 pm - 3:00 pm in MPR 4

*You must attend the information session to be eligible for the program.

This free program is run by caring, trained staff, in a safe supportive environment.

lethbridgeymca.ca/programs/132/mental-health-ymind

Ages 12 – 18 yrs
*No cost to participate!

Students interested can sign up with Amanda in Student Support Centre.