

THE CHINOOK WEEKLY



WEEK MARCH 25- MARCH 29

NO SCHOOL FRIDAY

ONLINE REGISTRATIONS
WERE EMAILED TO
PARENTS FOR 2024-
2025. PLEASE
COMPLETE THEM ASAP.



Wellness News Letter

page 8/9



Coyotes Slo-pitch

Mandatory Meeting March 26

Flex in PE room 131 all GRADES



WEAR YOUR
GREEN SHIRT

Thursday March 28

Gr 9 Immunizations will
continue March 26, 2024 This is
for students who have not
been previously immunized.



Spring Break March 29 - April 8

THE CHINOOK WEEKLY



Extended Advisor Monday March 25

CHINOOK ROCKS

THE OWL PART 1

ROCK & POP SHOWCASE

TICKETS \$5

MARCH 25TH 2024

5 P.M. Start
606 3 Ave S, Lethbridge, AB



- Monica Koevoet (Baking)
- Tate McGarry (Cabinet Making) - won Silver!
- Jayden Hudak (Culinary Arts) - won Bronze!
- Abeni Landry (Fashion Technology)
- Kostia Vorobiov (Heavy Equipment Tech) - won Silver!
- Jessica Zivanovic (Photography) - won Silver!
- Sophia Rejman (Photography) - won Bronze!
- Declan Young (Plumbing) - won Bronze!

1st place in boys singles Rafael Alvaro
1st place in boys doubles Eiko Boenn
and Harrison Edwards
2nd place in boys doubles Prasant
Subedi and Mazen Chemissany
1st place in mixed doubles Owen
Gurney and Amira Bach

**GR. 9
BADMINTON**





This is a great opportunity for young individuals with cognitive and or physical disabilities to enjoy the full benefits of participating in a sport, such as baseball. The coaches help each player by providing a safe and enjoyable experience, and to assist players with all aspects of the game.



Empowering children with disabilities through physical activity



Free Registration!

To Register:
www.lethbridgellittleleague.com/challenger
 Or by email: seto849@icloud.com



**Staff vs. Staff
Basketball Game
Proceeds supporting
Woods Homes
\$2 - March 27 - 6pm**



Teagan Shurtz
 Sarah Dyck
 Dillon St. Jean
 Jared Sandham

not pictured:
 Mike Buttazzoni
 Maren Coates
 Chloe Turner

Welcome



DONATIONS & SPONSORS WELCOME!

COME SHOW YOUR SUPPORT



SUPERHERO WALK

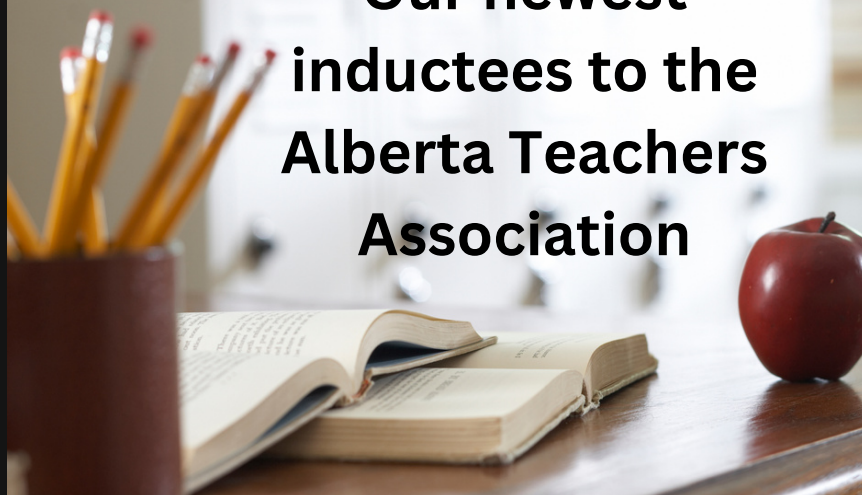
for Autism Awareness

MAY 4, 2024 ~ 2:00PM - 5:00PM

@ HENDERSON LAKE - HORSESHOE AREA

FREE BBQ TO FOLLOW!

**Our newest
inductees to the
Alberta Teachers
Association**





High Level Innovation Conference is a family-friendly event and will have exhibits and sessions and interactive fun including spectating the tournament and an AR Mobile Game that will help guide attendees through some fun touring of the space. You may know someone who is looking for career options, is a new grad or new Canadian, or even a business owner or business professional that can benefit – community members will certainly find lots to do at our accessible and innovation-oriented event!

Discover the High Level Innovation Conference – A Sneak Peek:

- Exhibition Zones including Innovation in Tourism, Gaming, Digital, Entrepreneurship, BIPOC Business, Trades, and Agri-Food/AgTech.
- Special Activations including 3D printers, simulators, innovative robotics and more.
- Collisions with Job Opportunities & Employers through the Hiring Hangar from 12pm to 4pm each day.
 - Speed Advising / Information via RINSA for Startups & Entrepreneurs
- **General Play Stream & Spectating the Alberta Esports Championship (register competitive teams and read eligibility – www.aec2024.ca)**
- 15 + Speaker Sessions including Interactive Keynotes, Panel Sessions, and Workshops on these topics through the lens of innovation:
 - o Alberta's Outlook for Innovation beyond 2024
 - o Female-led Game Development
 - o Design Thinking
 - o Quantum Computing
 - o Digital Storytelling with AI
 - o Music Innovation
 - o Career Journey's
 - o Entrepreneurial Skills
 - o Supply Chain and Logistics
 - o Optimizing Your Tourism Business
 - o Cybersecurity
 - o Sustainable Agrifood & AgTech
 - o Energy Projects
 - o A Beatmaking Workshop & more...

You can also enjoy Geek Fest on May the 4th by donation which will be just down the hall and great for board games, cosplay, kids, and everything great about Geeky & Nerdy hobbies and outlooks!

HIGH LEVEL INNOVATION CONFERENCE



WHEN
May 3-4, 2024

WHERE
**Agri-Food Hub &
Trade Centre**

18 & Under FREE

www.highlevelinnovation.com

YOUTH ACADEMY I

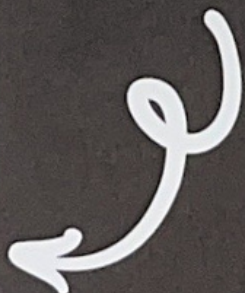
**May 16, 2024
8:00AM-3:00PM**

Deadline to apply: April 15, 2024

Priority given to grade 12 but grade 11 welcome to apply



Scan me





Grad GALA

FRIDAY, MAY 10, 2024 @ 5:30 PM

ROUND 1 TICKETS ON SALE FROM MARCH 11-29TH

Get your tickets on
<https://schoolcashionline.com/> Or
in person at the school office

CHINOOK WELLNESS

Resources for Wellness

STUDENT HELP FOR EMPLOYMENT

Every Tuesday 10-12

Brent Salter from 5th on 5th Youth services is available to support:

Interview Skills

Cover Letters

Resumes

Career mentorship

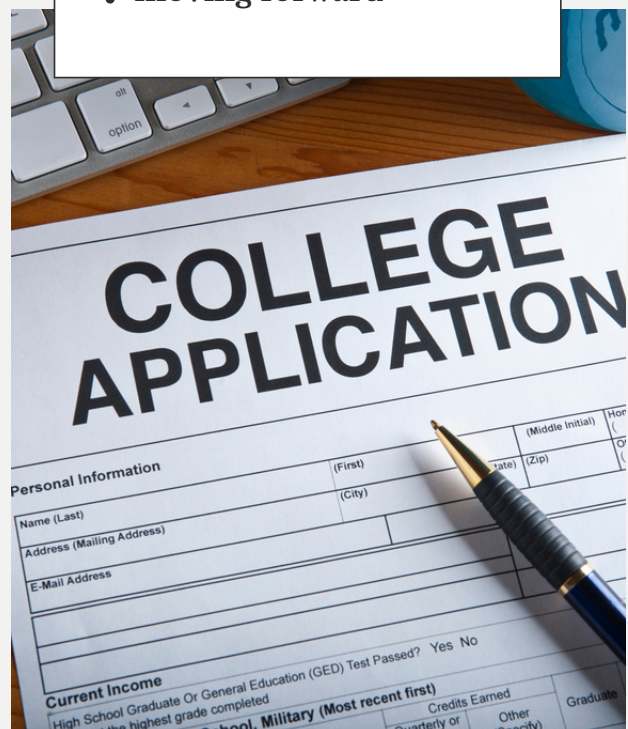
On the job coaching

Scan the QR code below to book!



SPRING BRINGS:

- desire for employment
- exploration of possibilities
- moving forward



OFF-CAMPUS EDUCATION SUPPORT

Every Wednesday, all day

Sarah Roncin, Student Support with Lethbridge School District, assists students with”

Exploring post-secondary options

Applying for scholarships

University/College applications

Registered Apprenticeship Program

Off-campus programming

Please email sara.roncin@lethsd.ab.ca

Coming Soon!

COYOTE CREATE



MOVING FORWARD

COYOTE CREATE

A Wellness Initiative Moving Forward

Students will soon be engaging in a wellness initiative to address wellness as a community. Topics will include:

Coyote Character and Goals

- Avoidance and attendance

Stress

- Boundary setting with respect

Worry

Alexithymia

Feeling it in your body

Your wellness toolkit

The Reconnecting Zone

INTENT

Coyote Create is a transformative wellness program designed to foster holistic wellbeing within our community. Grounded in research-backed principles of positive psychology, gratitude, and self-compassion, the aim is to empower individuals to prioritize self-care, cultivate resilience, and strengthen community bonds.

STAY TUNED FOR MORE!

INISKIM

FUTURE STUDENTS DAY

WEDNESDAY
MARCH 27

Explore ULeithbridge with
your family & friends!

→ Join us to learn about:

- courses & programs
- campus life & housing
- student supports, resources & opportunities
- scholarships & awards
- becoming a ULeithbridge student

→ What to expect:

- activities, games, demonstrations & presentations
- campus tours & coulee walks
- conversations with students, Elders, staff & alumni
- lunch, refreshments & swag
- on-the-spot admission

→ Apply to ULeithbridge at Iniskim Day and
pay no application fee!

Free bussing from Kainai, Piikani & SikSika high schools!
Ask us about parking.

University of
Lethbridge



Sign up: go.uleth.ca/iniskim-day



Celebrate **EDUCATION WEEK 2024**

APRIL 15-19

This year we are

CELEBRATING EDUCATION
IN A **BIG** WAY!

Students, parents, and teachers - you can nominate a teacher to win!

We want to celebrate and recognize teachers for their unwavering dedication, creativity & innovation, and profound positive influence on both students and the school community.

**Nominations will be open from March 11th to
March 27th @ noon.**

Elementary, Middle and High School teachers will be selected.
Awesome prizes will be awarded to the teacher and their class!

Prizes will be presented during Education Week between April 15-19th and school administration will be contacted for all winning teachers.



**SCAN THE CODE &
NOMINATE TODAY!**



OR COMPLETE THE FORM AT
[HTTPS://TINYURL.COM/EDUWEEK2024](https://tinyurl.com/eduweek2024)