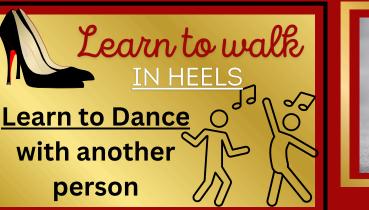
THE CHINOOK WEEKLY

WEEK APRIL 29- MAY 3







FRIDAY C

<u>myPASS</u> <u>Free Swim</u> <u>Coyote Baseball/Rugby Schedule</u>

School Fees: <u>Please Pay NOW here</u>



Schees

<u>PowerSchool</u> grades are now live, please refresh you PowerSchool to view.

Student

<u>Pg. 2</u>

2024-25 Bussing registration info

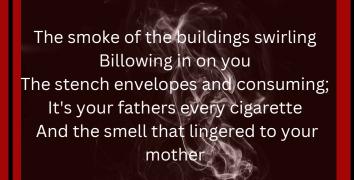
<u>Interact club - Movie Nigh</u>t

Parent Council



<u>Summer school info</u>

THE CHINOOK WEEKLY



--Nick Rogers



Grade 10/11/12 students should come to the office to get set up for a myPass account prior to writing diploma exams. We recommend you do not use a school email as these expire after graduation!

The Bussing Registration process has begun

At least 2 Km for Grade 7 - 12

1. Access the Bussing Registration form through the <u>Parent Portal in PowerSchool</u>. Please see the instructions on how to access the form: <u>INSTRUCTIONS</u>.

2. If you to not have access to the Parent Portal, please contact your school for access.

3. If you do not intend to have your child transported, please ensure that you answer NO to this question, "Will your child be accessing transportation for the 2024/2025 school year?"

4. Once you have completed the registration process you will receive an email approving your registration

5. See the Division website the last week of August to find your bus schedule. <u>Transportation Information</u> <u>| Lethbridge School Division (lethsd.ab.ca)</u>

Note: The new bussing distancing announced by Alberta Education, as part of Budget 2023, takes effect for this upcoming 2024/2025 School Year.

If you have any questions regarding Bussing Registration, contact the Transportation Department at <u>Transportation@lethsd.ab.ca</u>.



ALISHA H. AND DEANDRA PRESENT

an essential life skill:

"learn to dance with another human"

When & Where: the next two Thursdays FLEX 2 in the dance room (May 2 & May 9) Why: because you'll need to dance with another human



at Grad AND beyond...





open to ALL grads and students who are heel-curious DeAndra's room 201 Tuesdays @ Flex bring your own heels (DeAndra will have some)



TEACHER ISPONSORED WSTRED FREEPONSORED WSTRED FREEPONSORED USTRED SUBJECT

BRING THE WHOLE FAMILY AND LEARN ABOUT THE AMAZING MENTAL HEALTH RESOURCES WE HAVE IN OUR COMMUNITY

MAY 4TH, 2024 2:30-5:30PM NICHOLAS SHERAN POOL





9 DAY TRIP April 18 - 26, 2025

celanc



What is included?

Breakfast daily, dinner daily, full-time professional tour director, guided sightseeing tours, flights, travel and cancel for any reason insurance.



Cost \$5,994 per student, \$6,229 after May 31. Monthly payment plan available with final payment due March 13, 2025

Contact for more Information Josh Maret - joshua.maret@lethsd.ab.ca Brody Turnbull - brody.turnbull@lethsd.ab.ca Nick Straat - nick.straat@lethsd.ab.ca



Parent Meeting Tuesday, April 23, 2024 @ 7pm Learning Commons

Sign Up Now <u>https://tinyurl.com/chinookice</u>





HOW TO STOP CLIMATE CHANGE

01

INCREASE ENERGY EFFICIENCY

02

PROTECTING FORESTS

03

INVEST IN RENEWABLE ENERGY Reduce dependence on fossil fuels by switching to renewable exercise sources such as sun wind and water.

Personal Care +

Clothing Drive

Chinook Leadership is partnering with Sage Clan to collect essential items for those in need in Lethbridge



Donations are open from April 22nd to May 3rd

Items Needed: Socks, Underwear, Jackets, Hugiene Prouducts (femine hygiene prouducts, tooth paste, toothbrush, soap, deodorant, tissue, wipes)





HIGH LEVEL INNOVATION CONFERENCE



WHEN May 3-4, 2024

WHERE Agri-Food Hub & **Trade Centre**

18 & Under FREE

www.highlevelinnovation.com

LCI XCOUNTRY PRESENTS:

COMING!







RGE

PRIZES!

ACCESSORIES!

DONUTS

REGISTER NOW THANK YOU TO OUR SPONSORS!





CHINOOK WELLNESS

WELLNESS INITIATIVE

For the remainder of the school year on Wednesdays following lunch, students will watch a short video that entails a regulation technique and an invitation to do some personal goal setting.

The intent behind this is to enhance focus, provide simple tools that help students stay present, and invite greater self-awareness with a positive forward direction.

INTENT

This week the focus was on a regulation technique that students have been familiar with since kindergarten! COLOURING!

Last week your student was invited to set goals based upon how they want to FEEL at the end of the school year. This week we invited to consider any potential obstacles and how they may be able to get ahead of them.





WHAT CAN YOU DO AT HOME?

- Connect with your student about different techniques to self-regulate your student has learned download some colouring sheets and colour with your student
- Have ongoing discussions about WHY your goals matter to you, invite your student to share why theirs matter to them
- CELEBRATE the wins you and your child have experienced in the last week
- Enjoy a new way of connecting with your student!

CHINOOK WELLNESS

JOB SEEKING AND POST-SECONDARY EDUCATION

Many students are looking for employment and considering their options following graduation. We have additional resources that are available to students!

STUDENT HELP FOR EMPLOYMENT

Every Tuesday 10-12

Brent Salter from 5th on 5th Youth services is available to support: Interview Skills Cover Letters Resumes Career mentorship On the job coaching

Scan the QR code below to book!

OFF-CAMPUS EDUCATION SUPPORT

Every Wednesday, all day

Sarah Roncin, Student Support with Lethbridge School District, assists students with" Exploring post-secondary options Applying for scholarships University/College applications Registered Apprenticeship Program Off-campus programming

Please email sara.roncin@lethsd.ab.ca





YOUR WELLNESS MATTERS!







COYOTES RUGBY

G April 11 @ Matthew Halton 5:30/6:45 G April 18 vs. WCHS 5:30/6:45 @ CHS B April 22 vs. WCHS 5:30/6:45 @ LRC G/B APRIL 27 - CHINOOK 7's TOURNEY **B** May 1 vs. LCI 5:30/6:45 @ LRC G May 1 @ RHS 5:30/6:45 @ VSP **B** May 8 vs. MHHS 5:30/6:45 @ LRC G May 8 vs. LCI 5:30/6:45 @ LSP G May 14 vs. CCH 5:30/6:45 @ CCH W **B** May 15 vs. WCHS 5:30/6:45 @ LSP G May 21 vs. WRM 5:30/6:45 @ CHS B May 22 vs. LCI 5:30/6:45 @ LSP G = GIRLSB = BOYS CHS = CHINOOK VSP = VICTORIA SPORTS PARK LRC = LETHBRIDGE RUGBY CLUB LSP = LETHBRIDGE SPORTS PARK (SHERRING) CCH W = CCH WEST CAMPUS

2024 SUMMER SCHOOL INFORMATION/ REGISTRATION SESSIONS PE10 & CALM20

30 April 2024 07 May 2024 08 May 2024

6:00pm - 7:00pm 2:00pm - 3:00pm <u>6:00pm - 7:00pm</u>

Victoria Park High School

CALL TO REGISTER

Victoria Park High School will be hosting three registration sessions for students enrolling in CALM 20 and PE10 for the upcoming summer school session 2024. Each session will be divided into two segments: the initial portion will feature an information presentation, while the latter part will be for processing registrations and payments. Details regarding fees can be accessed through the summer school brochure available on our website at the following link: <u>https://lasp.lethsd.ab.ca/courses/summer-school.</u>

> ♦ 403-327-3945 ♥ VPHS@lethsd.ab.ca

1515 - 5 Avenue South Lethbridge, AB T1J 2M4