

THE CHINOOK WEEKLY



WEEK MAY 13- MAY 17

FRIDAY B

2024-2025
REGISTRATION
IS NOW DUE!

COYOTE
CREATE

Video
Five



Girls Volleyball Spring Camp



School Fees: Please Pay NOW here

Final Exam
SCHEDULE

Arts Alive &
Well in School



Coyote Baseball/
Rugby Schedule

City of Lethbridge Road Closure

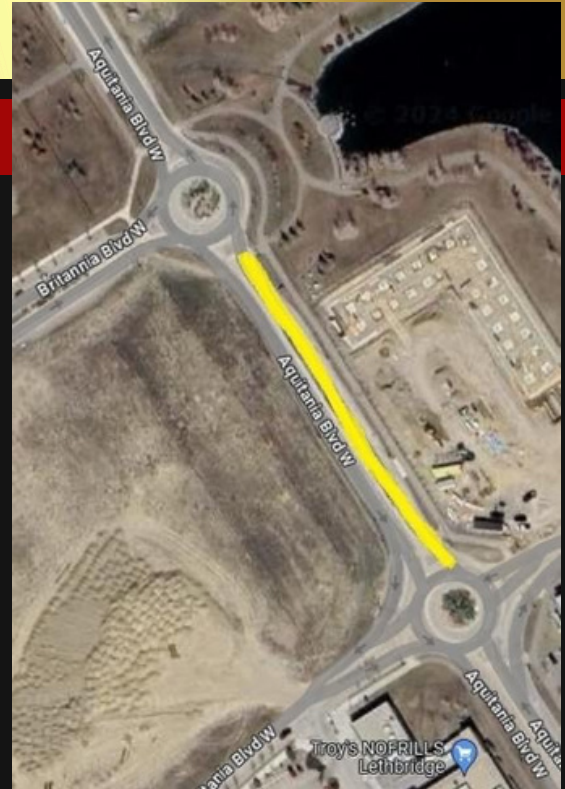
Pop Musical - EMMA



THE CHINOOK WEEKLY



🚧 Lane closure alert! 🚧 Water service installation is impacting a short (but busy!) stretch of road. The northbound lane along 23 Aquitania Boulevard West is closed. It should reopen May 21, weather permitting. Please drive safely in the area. YMCA of Lethbridge Lethbridge School Division #yql



Coyotes Girls' Volleyball Spring Camp 2024

Where: Chinook High School

When: Thursday June 6
Friday, June 7
Wed, June 12

Friday, June 14 1:00-3:00 pm (beach volleyball day)

Who: Grade 8-11 girls attending Chinook High School next year

Cost: \$40

What: The Chinook Coyotes Volleyball coaching staff will run this camp. The camp will focus on teaching the fundamentals of volleyball, while at the same time putting the players in lots of competitive situations.

How to Get Registered! Register now to reserve your spot! Deadline: May 31

First, complete the registration form to reserve your spot. Give completed form to the office of your school. If you are a Chinook student, bring your form to Tammy in the PE offices.

Second, Payment should be made using School Cash Online

For more information: Please contact Tammy Dorchak at 403-320-7565 or tamara.dorchak@lethsd.ab.ca



Chinook High School Presents



EMMA!

A Pop Musical
By Eric Price

\$10 STUDENTS/SENIORS
\$15 ADULTS
TICKETS AVAILABLE AT
SCHOOLCASHONLINE.COM

MAY 28 - JUNE 1 2024 - 7PM
JUNE 1 MATINEE - 12PM
CHINOOK HIGH SCHOOL
MEDIA CENTRE

We have 20 students from grade 9 -12 with art on display at the SAAG.

Arts Alive and Well in the Schools opens this Saturday, May 11 at noon and is open until June 15, 2024.

The Arts Alive and Well in the School opening and awards ceremony will be on Thursday, May 16 at 5 pm at the Southern Alberta Art Gallery.

<https://www.saag.ca/upcoming/artsalive2024>
Southern Alberta Art Gallery, 601 3 Ave S, Lethbridge





9 DAY TRIP
April 18 - 26, 2025

Iceland



What is included?

Breakfast daily, dinner daily, full-time professional tour director, guided sightseeing tours, flights, travel and cancel for any reason insurance.



Cost

\$5,994 per student, \$6,229 after May 31.
Monthly payment plan available with final payment due March 13, 2025



Contact for more Information

Josh Maret - joshua.maret@lethsd.ab.ca
Brody Turnbull - brody.turnbull@lethsd.ab.ca
Nick Straat - nick.straat@lethsd.ab.ca

Parent Meeting

Tuesday, April 23, 2024 @ 7pm
Learning Commons



Sign Up Now

<https://tinyurl.com/chinookice>



CHINOOK WELLNESS

JOB SEEKING AND POST-SECONDARY EDUCATION

Many students are looking for employment and considering their options following graduation. We have additional resources that are available to students!

STUDENT HELP FOR EMPLOYMENT

Every Tuesday 10-12

Brent Salter from 5th on 5th Youth services is available to support:

Interview Skills
Cover Letters
Resumes
Career mentorship
On the job coaching

Scan the QR code below to book!



OFF-CAMPUS EDUCATION SUPPORT

Every Wednesday, all day

Sarah Roncin, Student Support with Lethbridge School District, assists students with"

Exploring post-secondary options
Applying for scholarships
University/College applications
Registered Apprenticeship Program
Off-campus programming

Please email sara.roncin@lethsd.ab.ca



YOUR WELLNESS MATTERS!


ATA LOCAL 41 DEHR COMMITTEE PRESENTS


ALL ABOUT LOVE AN EVENING OF BLACKFOOT STORYTELLING AND SONG


FEATURING
SHAWNEE AND WILL BIG BULL

WEDNESDAY MAY 15 5 - 7 P.M.
OWL ACOUSTIC LOUNGE
Sikoohkotoki

JOIN THE
**LEARNING
BUDDIES
NETWORK**
MATH & READING TUTORING FOR
ELEMENTARY STUDENTS

**VOLUNTEER WITH US**
MENTOR
PROGRAM COORDINATOR
EXECUTIVE COORDINATOR

**QUESTIONS?**
[EMAIL JULIA@LEARNINGBUDDIESNETWORK.COM](mailto:julia@learningbuddiesnetwork.com)



CHINOOK WELLNESS

WELLNESS INITIATIVE

For the remainder of the school year on Wednesdays following lunch, students will watch a short video that entails a regulation technique and an invitation to do some personal goal setting. The intent behind this is to enhance focus, provide simple tools that help students stay present, and invite greater self-awareness with a positive forward direction.

INTENT

This week the focus was on understanding boundaries.

We looked at porous, rigid and health boundaries and how they can help us move toward our goals.

[click here](#)
[to watch](#)
[the video](#)



WHAT CAN YOU DO AT HOME?

- Connect with your student about their own boundaries, and talk about the way they experience their boundaries.
- Have ongoing discussions about your boundaries as role-model.
- CELEBRATE the wins you and your child have experienced in the last week, and identify your CHEERLEADERS!
- Enjoy a new way of connecting with your student!

COYOTES BASEBALL

APRIL 11 vs.  7:30 PM @ SPITZ

APRIL 15 vs.  7:30 PM @ SPITZ

APRIL 24 vs.  5 PM @ SPITZ

MAY 1 vs.  8:00 PM @ SPITZ

MAY 8 vs.  8 PM @ SPITZ

MAY 15 vs.  3 PM @ JEFFRIES

MAY 15 vs.  6 PM @ McCOY



COYOTES RUGBY

G April 11 @ Matthew Halton 5:30/6:45

G April 18 vs. WCHS 5:30/6:45 @ CHS

B April 22 vs. WCHS 5:30/6:45 @ LRC

G/B APRIL 27 - CHINOOK 7's TOURNEY

B May 1 vs. LCI 5:30/6:45 @ LRC

G May 1 @ RHS 5:30/6:45 @ VSP

B May 8 vs. MHHS 5:30/6:45 @ LRC

G May 8 vs. LCI 5:30/6:45 @ LSP

G May 14 vs. CCH 5:30/6:45 @ CCH W

B May 15 vs. WCHS 5:30/6:45 @ LSP

G May 21 vs. WRM 5:30/6:45 @ CHS

B May 22 vs. LCI 5:30/6:45 @ LSP

G = GIRLS

B = BOYS

CHS = CHINOOK

VSP = VICTORIA SPORTS PARK

LRC = LETHBRIDGE RUGBY CLUB

LSP = LETHBRIDGE SPORTS PARK (SHERRING)

CCH W = CCH WEST CAMPUS

